

Agile Coaching Workshop (ICP-ACC)

4 Days

Overview

A coach's primary goal is to enhance their client's awareness of practice and behavior — enabling and empowering the client to realize objectives which may be just outside of their reach. Through thoughtful and deliberate engagement, the coach strives to enhance, in a measurable and sustainable fashion, team practices in order to provide focus on the business goals and objectives of the team and organization. Whether the coach is internal or external to the organization, coaching covers a broad spectrum of teaching, mentoring, problem solving, planning, leadership, team-building and mastery of skills and knowledge.

Coaches must challenge organizations to change culture — establishing new paradigms — which permit agile-lean thinking and quickly deliver value. A coach must be competent, professional and ethical — having business and technical knowledge and an understanding of change and the impact it has on individuals and organizations. This course is designed to teach, practice and reinforce the core coaching competencies of the Agile coach, enabling the Agile coach to succeed at reaching agreed-upon team and organizational outcomes.

- The definition of Agile coaching and the set of competencies and practices associated with being a coach. How to develop ethical and professional coaching standards and agreements and how to apply them in your coaching engagements with teams and organizations.
- The various roles, skillsets and disciplines of an Agile coach – coaching, facilitating, mentoring, teaching and how to develop "your style," moving in and out of those roles while remaining flexible, open and confident.
- The philosophy behind servant leadership and practices and techniques to enable you to become a true servant leader; putting the needs of others first to facilitate the development of high performance teams.
- Agile Coach thinking – the mindset shift necessary to help you, and others, focus on team improvement, value-driven delivery, and leveraging constraints while living in the present moment, staying curious, innovative and having fun.
- Ways to establish mutual trust allowing you to create a safe, supportive environment in which your team can excel.
- Active listening and powerful questioning techniques utilized to leverage your ability to focus on what is being said and maximizing communication and collaboration through seeking and receiving information.
- Advanced techniques in planning and goal setting in order to help the team/organization achieve their goals and your agreed-upon coaching results.
- Techniques in creating awareness and designing in actions and learning which will assist you in managing progress and accountability within the team.



- The use of ASPE's Agile Coaching Competencies & Practices Framework — a framework for understanding and incorporating Purpose, Proficiency and Practices into your coaching engagements.